



Jocelyn Aasen



Accountability

Time management:
Planner

Commitments: School
Board, Student Council

Adaptability

Life fit: Jag Java

Anticipating:
Elementary Internship

Communication

Professional language:
Elementary Internship

Active listening: SEL



Leadership

Shared vision: Volleyball

Leadership style:
Volleyball

Learner's Mindset

Feedback and help: Intro
to Teaching

Curiosity and challenges:
Dinosaur Dig

Community Service

Volunteering in classroom
40+ hours

Working camps 8+ hours

Teaching sunday school
5+ hours

“An investment in knowledge pays the best interest.” - Ben Franklin

Jordan Larson



Accountability

The ability to justify my decisions

Time Management
Notion

Owning Learning
Learning math and physics
at home

Adaptability

The ability to change to a situation to resolve required conflicts

Critical Thinking
NDSU math courses

Anticipating
League of Legends

Communication

Trying to get another person to understand your perspective for a moment and vice versa

Collaboration
Eagle Scout

Active Listening
SEL class

Leadership

Help a team (possibly just yourself) obtain a vision

Shared Vision
NYLT course

Leadership Style
Adult leader

Learner's Mindset

Recognizing that learning is a worthwhile activity that occurs all throughout life

Mistakes
Internship

Curiosity & Challenges
Track & Football

Future Plans

Attend Purdue University for physics or nuclear engineering

Community Service

- 31 hours
- Scouts BSA
 - Food bank
 - Good Samaritan



Benjamin Klemen

Northern Cass High School



Accountability

Taking responsibility for myself, my actions, and my future.



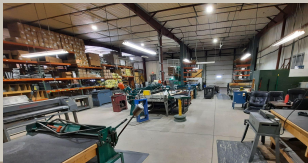
- **Owning Learning**
 - Taking control of my learning to improve my future
- **Values**
 - Describing and acting on one's values.



Adaptability

Adjusting a personal attitude or action based on any given situation.

- **Anticipating**
 - Thinking about courses of action prior to making them
- **Life Fit**
 - Managing obligations while maintaining a healthy lifestyle



Communication

Effective expression and comprehension of perspectives through written and verbal means.



- **Professional Language**
 - Adapting my use of language given a specific situation
- **Active Listening**
 - Listening to improve the quality of a conversation

Leadership

Understanding one's strengths and weaknesses for self-improvement and helping others.

- **Citizenship**
 - Making a positive impact in one's school or community
- **Situational Leadership**
 - Adjusting one's role in a situation effectively

Learner's Mindset

Understanding that there is always room to grow and improve and the ability to act on those moments.

- **Effort**
- **Curiosity and Challenges**



Relevant Info

1. Academic All-State Silver Team
2. SkillsUSA Nationals





Mary Julia J. Jodock

2023 Northern Cass High School Capstone

Accountability

- The ability to be responsible for your own choices, actions and duties.
 - *Time Management*
 - Working 3 Jobs + college classes
 - *Owning Learning*
 - Summer classes + NDSCS

Adaptability

- Being able to change yourself and your actions for benefits of others or yourself.
 - *Flexibility*
 - Freshman Quarantine
 - *Making Claims*
 - P.O.D + D.C Gov.

Community Service

- The Amazing Shake
- Gardner Bouncy Houses
- Honor Flight Cards
- Juice

Future Plans

- Trade School + Lyness Weld.
- Move Out
- Further Art Career



Communication

- Expressing your ideas and thoughts cohesively to others.
 - *Collaboration*
 - Chemistry Labs
 - *Presentation*
 - Injustice Speech

Leadership

- Taking control of situations and helping others.
 - *Shared Vision*
 - Great Society Project
 - *Situational Leadership*
 - Science Olympiad

Learner's Mindset

- A learner should be able to change their mindset to help better themselves.
 - *Mistakes*
 - Computer Science
 - *Effort*
 - Art Classes